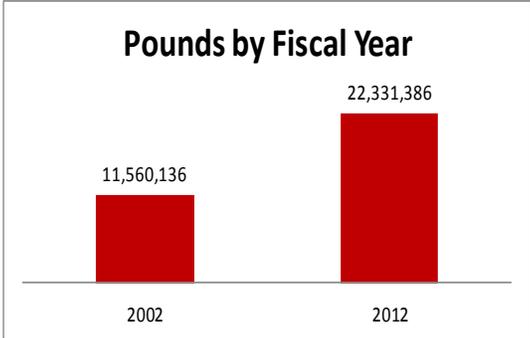




## HELPING NEARLY 40,000 HUNGRY PEOPLE WEEKLY



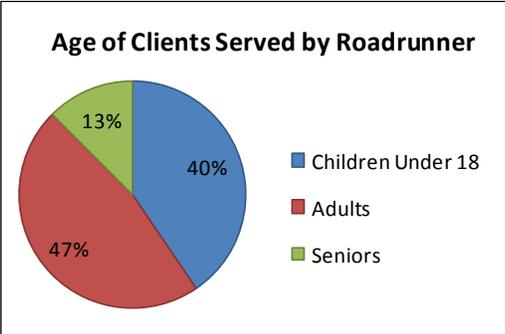
Every week Roadrunner Food Bank touches the lives of nearly 40,000 hungry children, adults and vulnerable seniors who don't have enough food to eat. Thirty one years ago the first food we distributed was corn out of the trunk of a car. Today we are distributing nearly 90,000 pounds of food every working day from two warehouses in Albuquerque and Las Cruces via a fleet of trucks and tractor trailers.

In the last 10 years our food distribution has grown more than 93%. Last year, the Food Bank distributed a nearly 23 million pounds of food through a statewide network of nearly 600 partner agencies and four regional food banks. As the largest non-profit dedicated to ending hunger in New Mexico and the only Feeding America food bank in the state, the food we distribute is touching the lives of a city the size of Farmington every week.

Even with our growth the need for food by New Mexicans is higher than ever. High unemployment, underemployment and a slow recovering economy are felt by the poor and hungry FIRST and may continue to be felt for years.

### VULNERABLE PEOPLE

- For every person we help, there are two people that need help with food.
- Hungry people make difficult choices. For example, 54% choose between paying for utilities and food.
- Average income among those we serve is \$900 a month
- 51% of food pantries report turning people away due to lack of food.
- Myth — only the homeless need help with food. Fact— about 8% of those served by Roadrunner are homeless.



### FACTS AND FIGURES

- For every \$1 donated to the Food Bank, more than five meals are distributed in the community.
- 83% of the food distributed by food pantries is provided through the food bank.
- This coming year food will be scarce for hunger relief organizations. Commodity foods represent 20% of our total distribution which is allotted by the federal government to states. With ailing federal budgets, drastic cuts are expected to food programs that help low-income people.

### MOBILE FOOD PANTRY

- A traveling food pantry that eliminates the need for long-term or large-capacity storage providing families 50 pounds of food.
- The program was created to assist underserved communities with limited access to food assistance programs.
- The program helped 230,530 people with 3.97 million pounds of food last year many of them families.
- In fact, nearly 40% of those served through the program are children.



# ROADRUNNER FOOD BANK OF NEW MEXICO

## CHILDREN

- 30% of children under 18 live in poverty in our state.
- Every year, more than 90,000 children are served through Roadrunner and our affiliate agencies and programs.
- One way we help hungry children is through the Food for Kids Program. The backpack program helps 3,495 children every school week in 47 low-income public schools.
- A USDA study indicates that mild under-nutrition experienced by young children during periods of growth impacts a child's behavior, their school performance, and their overall cognitive development.



## FAMILIES

- Working families struggle to pay for life's necessities including food and fuel.
- On average, SNAP benefits only last 2.3 weeks and many families still seek help with food.
- 32% of the households served by Roadrunner have at least one employed adult.
- Roadrunner's Emergency Food for Families Program provides food for families in crisis on an as needed basis.



## SENIORS

- 43% of clients on government programs such as Social Security still need help with food.
- 41% of clients have at least one member in the home in poor health.
- About 30,000 seniors seek food assistance each year.
- Many seniors living on fixed or low incomes are forced to choose between food and medicine or medical care each month.
- One way the Food Bank helps low-income seniors is through the Senior Helpings Program that delivers supplemental food boxes to more than 2,333 seniors monthly.

## PROVIDING HEALTHY FOODS

- Healthy foods are important for everyone including vulnerable populations such as children and seniors.
- Many believe that food banks only distribute canned/dry good items, but nearly 30% of our annual distribution is produce.
- In fact, Roadrunner and its affiliated agencies are proud to provide nutritious produce. Last year, 8 million pounds of produce was distributed.

## A PARTICIPANT IN DISASTER RELIEF

- Roadrunner provides food, water and other supplies in domestic disaster relief situations. Disaster response has included assistance during summer fires in Santa Fe, flooding in Hatch and Ruidoso, and large scale relief efforts such as Hurricane Katrina and Rita.
- As a disaster relief responder, Roadrunner also participates in statewide disaster relief planning.

## HOW YOU CAN HELP

- Bring 5-10 friends to take our Food for Thought Tour.
- Join the Roadrunner Club, a monthly giving society.
- Host/sponsor a food & fund drive and have each person collect 30 pounds of food and \$30.
- Volunteer every quarter for two or three hours.
- Visit [www.rrfb.org](http://www.rrfb.org) or call 505.247.2052 for more ways to help.